

# Beginner's Free Motion Quilting

with Christine 

## REQUIREMENTS LIST

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- 6 Quilt Sandwich squares 14" x 14"
- Sewing machine, foot control, lead and manual
- Free motion foot (darning foot or pogo foot)
- Extension/quilting table if you have one
- Machine quilting needles
- Thread (contrasting colour to your material)
- 2-3 bobbins pre-wound
- A ruler
- Fabric marker
- A pencil and note paper
- Quilting gloves
- Sew slip mat (optional)



*\*What is a quilt sandwich square?  
A quilt sandwich is what quilters call the three layers of a quilt. The sandwich consists of the quilt top, the wadding and the backing*



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